



CATHOLIC
SOCIAL SERVICES
OF SOUTHERN NEBRASKA

St. Gianna Women's Homes—Lincoln, NE

WHAT IS DOMESTIC VIOLENCE?

Domestic violence (DV), or intimate partner violence (IPV), can be defined as a pattern of behavior in a relationship that is used to gain or maintain power and control over an intimate partner. This includes physical violence, sexual violence, stalking, verbal abuse, threats, economic abuse, and emotional or psychological abuse by either a current or former spouse or dating partner.

DID YOU KNOW?

33.7% of Nebraska women

experience physical violence, sexual violence, or stalking by an intimate partner in their lifetime—an estimated **58,000** Nebraska women annually.

IMPACT ON SURVIVORS

Domestic violence can result in physical injury, psychological trauma, chronic health issues, and even death. DV is also associated with socioeconomic consequences such as housing instability and unemployment. The devastating consequences of domestic violence can cross generations and last a lifetime.

WHAT IS ST. GIANNA'S?

St. Gianna Women's Homes is a long-term housing program offered by CSS since 2011 for survivors of domestic violence and other forms of abuse. This fully-furnished twenty-four-unit apartment complex in Lincoln is intended to give women and their children the time, security, and support they need before safely transitioning into more permanent housing.

SERVICES OFFERED BY ST. GIANNA'S

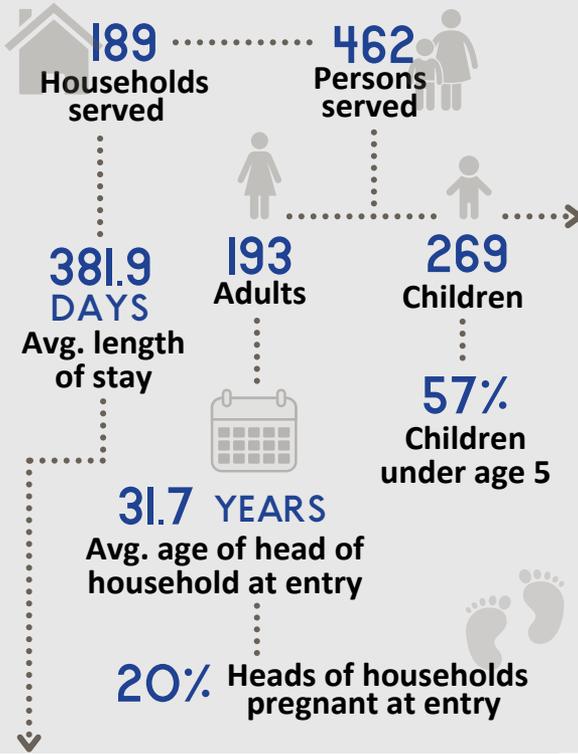
- *Long-term housing*
- *Advocacy*
- *Counseling*
- *Education*
- *Employment services*
- *Childcare*
- *Food and diaper assistance*
- *Connection to community resources*



CONTACT US

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ST. GIANNA WOMEN'S HOMES' IMPACT



Children who witness or experience domestic violence in the home are at serious risk for long-term physical and mental health problems. St. Gianna's offers families the love, support, and safe environment that all children deserve.

At least
40%
of clients enter
St. Gianna's with
no income.

PROGRAM OUTCOMES



Mental health problems like PTSD, anxiety, and depression are common challenges faced by residents at St. Gianna's. To help cope with their trauma, many survivors turn to alcohol or drugs for relief. Of the clients who abandoned the program, 35% misused or abused substances. This is why increasing access to mental health services in the community is critical.

“St. Gianna's has really impacted my life, in a way that has made me realize how strong I really can be, not only for myself, but for my kids as well. I realize I am not alone, that there is help and a better future!”