Have you heard of St. Amata? Not much is known about her. As a matter of fact all we could find on her was that she lived a life of youthful exuberance and much of that youth was a life of youth misspent. She became very ill and was healed by her aunt, St. Clare. She then went through a religious conversion and became a Poor Clare sister. The Poor Clares are a group of religious sisters who live contemplative lives and surround the world in prayer. They live a life of contemplation, community, and joy. Poor Clares are not focused on seeing tangible results like most of the world is wired for. They are dedicated solely to God and trust His Will will reign over all.

“Amata” is Latin for beloved, or loved. What a beautiful name St. Amata has!! Consider asking her to pray for you during her feast which is celebrated on February 20th. No matter what life she lived, St. Amata always knew she was beloved by God. May we know that we are all beloved by Him and may we share His love with those who do not know His love.

One volunteer in our Diocese that knows she is beloved by the Father is Charlene Diers. She shares the love of God through her volunteerism at the food recovery program at our Catholic Social Services of Southern Nebraska Hastings office. Every year her volunteerism helps contribute to over 205 tons of food recovery and redistribution in central and western Nebraska. In this way, Charlene shares the love of Christ with hungry Nebraskans throughout our state.

Here is what a peer of Charlene’s has to say:

*I don’t know that I’ve seen a harder*  
*Continued on back page*
Knowing that we are loved (Continued)

worker than Charlene. By the end of the day, you can see
the effort she has put into her work. She’s exhausted, yet
still smiling and lovingly helping those in need. She’s very
organized, yet not in a controlling or obsessive way. She
truly has a heart for service.

We can see virtue lived out in the saints and we also see
virtues lived out in our CSS volunteers, employees, and
benefactors. In this way, we who are beloved by the Father
share His love with the world around us. This is what we
are all called in accord with our Baptismal promises.

Please consider joining us, supporting us, and helping
share the love of the Trinity with our neighbors of south­
ern Nebraska. It costs us nearly $16,000/day to bring our
services to the poor of southern Nebraska. We have of­
cices in Imperial, Hastings, Lincoln, and Auburn. We would
love to connect with you to help support others who need
the love of Christ in their lives.

Thank you for your prayers and support of Catholic Social
Services of Southern Nebraska. Thank you for your faith in
Jesus Christ. May God bless us always!

Volunteer, donate or connect with us!
www.cssisus.org